

## UTAH - WEEKLY INFLUENZA TEXT SUMMARY

### Influenza Activity in Utah:

Active surveillance has started in Utah for the 2007-08 influenza season. This is the first web posting for the season. Laboratory confirmed influenza has been detected in Utah. This includes one hospitalization in a high-risk individual and one cluster of influenza A (H1) resulting in no hospitalizations. These have occurred in two counties along the Wasatch Front. Activity is considered sporadic at this point.

As of 10/10/2007, no pediatric influenza-associated death has been reported in Utah for the current season.

National influenza surveillance data can be found at [www.cdc.gov/flu](http://www.cdc.gov/flu). Please note, states determine for themselves how to estimate weekly influenza activity. The classification system used in Utah primarily serves to provide a geographical description of how influenza is circulating in the state and not season severity.

This website will be updated every Wednesday at 1 PM.

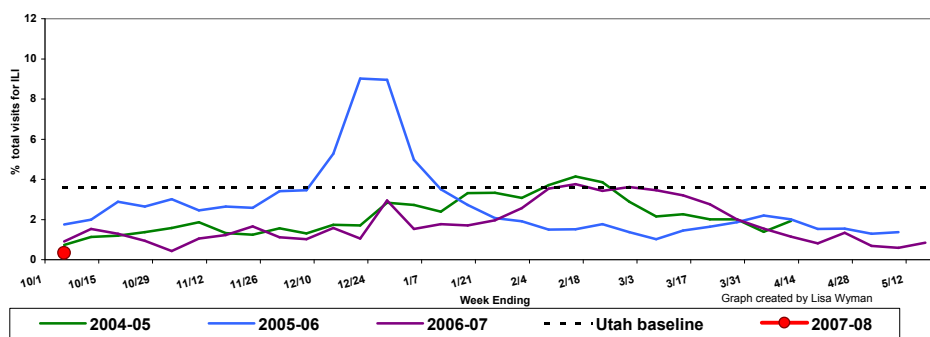
## INFLUENZA PREVENTION

### How to protect yourself and others:

1. Utahns should get an influenza vaccine.  
\*\*Contact your provider or the Immunization Hotline (1-800-275-0659) to locate an influenza shot.
2. All Utahns should practice "respiratory etiquette" to reduce the spread of respiratory diseases.  
\*\* Stay away from other people when you are sick.  
\*\* Cover your mouth and nose with a disposable tissue when you cough or sneeze. Throw the tissue away.  
\*\* Wash your hands.
3. We urge schools and employers to be supportive of these preventive measures.

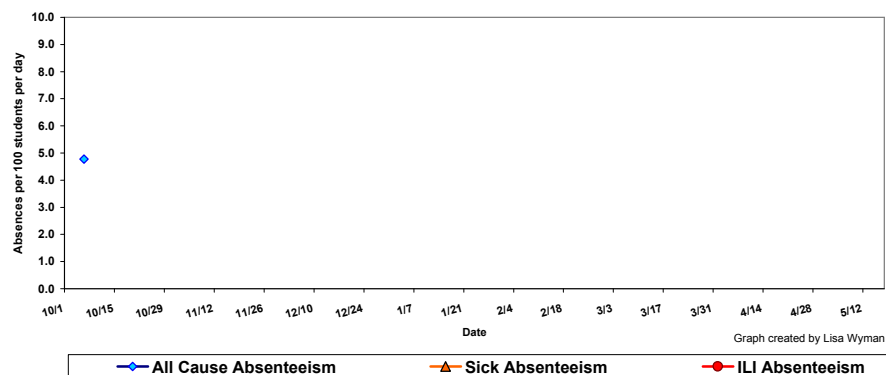
### Influenza Activity for Current Season and Past Three Seasons

Figure 1. Percentage of visits for influenza-like illness (ILI) reported by sentinel providers- Utah, 2007-2008 and previous three influenza seasons



### Student Absenteeism by Week

Figure 2. Rates for absences due to all causes and sickness, and influenza-like illness (ILI)- Utah, 2007-2008 influenza season



### Hospitalizations by Virus Type and Week

Figure 3. Number of laboratory-confirmed, influenza-associated hospitalizations, by influenza virus type and week of event - Utah, 2007-2008 influenza season

